

# **Exwick Heights**

# **Primary School**

# **PE and Sport Premium**

# **Funding**

# **2023 – 2024**

*At Exwick Heights, we encourage our children to dream. We believe that with kindness, curiosity and determination anything is possible!*

## **PE and Sport Premium for Primary Schools: Where the Funding is spent...**

**Project:** Extra-Curricular Sports Activities after school

To provide children with gymnastics after school club administered by Premier Education. To provide children with Karate after school club provision.

**Key Indicators:** 1, 2, 3, 4, 5

**Cost:** £3, 960

### **Who is impacted?**

Children, staff and Parents and Carers.

### **Activity Impact**

Children will have the opportunity to take part in high quality gymnastics lessons that teach skills to develop flexibility, strength, technique, control and balance. For children to take part in karate lesson run by an experienced instructor.

### **Sustainability**

Sustainability will be achieved by providing this after school club every term. Activity attendance will be tracked to ensure activities provided are relevant and wanted. Links will be built upon to offer families access to activities in the community.

### **End of year reflection (impact and comments)**

There is a high uptake for these sessions. Parents and Carers are keen for their children to attend and engage in physical activity.

**Project:** West Exe Secondary School primary sports provision

West Exe School hold events for each year group (1-6) throughout the year. These events consist of different sporting sessions to promote competition, being active and provide staff with examples of how different sorts of sessions can be run. Transport included to and from event in order for children to have this experience. School kit purchased for teams to wear when competing.

**Key Indicators:** 1, 2, 3, 4, 5

**Cost:** £2, 315

### **Who is impacted?**

Children and staff.

### **Activity Impact**

Children will be able to go with their year cohort to attend an event in the local secondary school. They will take part in competitive games linked to their PE learning at school. Staff will be able to observe these sessions that are organised by a PE specialist. Therefore, supporting their own CPD with teaching PE.

### **Sustainability**

This event occurs annually, therefore once children have got to Year 6, they will have experienced at least 5 of these events throughout their time at primary school. The kit is washed after use and kept away in the PE cupboard in between events.

### **End of year reflection (impact and comments)**

Children have been really keen to attend these events and excited to take part in physical activity in a different environment. Some children have gone on to join after school clubs following on from their participation in the event at West Exe. Children have loved wearing Exwick Heights kit and gives them a sense of being part of a team.

## PE and Sport Premium for Primary Schools: Where the Funding is spent...

**Project:** Staff CPD including Quidditch event day.

To upskill staff to maintain high quality PE by teaching staff how to teach the sport of Quidditch to children. Promote an active lifestyle through a sport that children wouldn't normally have access to through the event day.

**Key Indicators:** 1, 2, 3, 4, 5

**Cost:** £2, 321

### Who is impacted?

Staff and children.

### Activity Impact

Staff will benefit from high quality CPD to introduce the sport of Quidditch that will be part of the PE curriculum next academic year. KS2 Children will benefit from a highly inclusive event day linked to a love of reading the 'Harry Potter' series. Staff will feel confident when teaching PE as they have comprehensive PE plans to follow.

### Sustainability

Sustainability will be achieved by staff receiving CPD so that they are able to teach this sport next year. As part of the bundle, we also purchased the relevant equipment that will be used for the PE sessions. Staff are able to build on their skills and knowledge by using the PE Hub scheme of planning, therefore with every year they teach PE, they will feel more confident.

### End of year reflection (impact and comments)

All children in KS2 came into school on the day ready for a magical event. They were enthused and excited for the day ahead. The sorting assembly at the start of the day continued to ignite their interest. This ensured full engagement for every pupil in the active part of the day. Staff have fed back that they find the in depth planning key to be able to teach PE lessons to the highest quality.

**Project:** Sporty Stars event day

Raise the profile of being active through sporting activities that are not in the PE curriculum (e.g. bubble football and tag archery) Children receive this event day when their house team wins, which promotes competition within school.

**Key Indicators:** 2,3,4

**Cost:** £3, 000

### Who is impacted?

Children.

### Activity Impact

Children will benefit from experiencing a range of different style sports delivered by high quality instructors. Competition between house teams will be promoted so the winning team is awarded this event day. Children will have a whole morning or afternoon to be active and take part.

### Sustainability

Sustainability will be achieved by promoting competition between the house teams.

### End of year reflection (impact and comments)

Children have been so excited to take part in these event days. They have united as a house team to celebrate their win. They have enjoyed coming into school in their sportiest clothing to take part in the event.

**Project:** Swimming Top Ups for Year 4 and Year 5

To provide top up sessions for children to practise swimming skills to pass the national curriculum swimming expectations.

**Key Indicators:** 1, 2, 3, 4

**Cost:** £3, 686

**Who is impacted?**

Children

**Activity Impact**

Children who have not been able to swim 25 meters, use a range of strokes proficiently will have further lessons to increase their confidence, stamina and ability to swim further distances and practise different strokes.

**Sustainability**

Sustainability will be achieved by continuing to access high quality swimming coaching during curriculum lessons and top up sessions. Promoting swimming within school and praising children's success which should encourage children to swim outside of school provision. Increasing curriculum swimming opportunities in future when local pool capacity allows and curriculum budgets. This has been arranged to continue for the next academic year so that the whole Year 4 cohort will take part in swimming lessons and then top-ups provided for Year 5.

**End of year reflection (impact and comments)**

Many children achieved the goal to be able to swim 25 metres unaided, resulting in a higher number of children finished primary school able to swim and be safe in water. Year 4 children will continue swimming top-ups when in Year 5.

**Project:** Purchase and replenish high quality equipment for playtimes.

Following an inventory, to purchase high quality equipment to encourage children to be active throughout the day, such as playtimes.

**Key Indicators:** 2,3,4,5

**Cost:** £4, 077

**Who is impacted?**

Children and staff

**Activity Impact**

The equipment purchased will ensure children have access to a wide range of good quality equipment to promote being active and engaging with physical activity. This will also give children an opportunity to embed the skills they have learnt in PE sessions when independent or playing with their peers.

**Sustainability**

Playtime ambassadors ensure the equipment is put away after every playtime. Strong and durable containers have also been purchased to keep the equipment in. Staff to model how to use equipment effectively.

**End of year reflection (impact and comments)**

Having access to such a wide range of resources means that the children are constantly active in their play, both physically and mentally. They take part in their own competitive sports games (e.g. football) where they challenge themselves. Staff model being active by using the equipment with the children.

## **PE and Sport Premium Statement**

Schools receive PE and Sport Premium funding based on the number of pupils in Years 1 to 6. In most cases, the amount received is determined by how many pupils at the Academy attract the funding using data from the January school census.

Schools must spend the funding to make additional and sustainable improvements to the quality of the PE , physical activity and sport activities they offer their pupils but they are free to choose the best way of using the money. Schools should expect to see an improvement through:

- ★ Increased confidence, knowledge and skills of all staff in teaching PE and sport
- ★ Engagement of all pupils in regular physical activity
- ★ The profile of PE and Sport is raised across the school as a tool for whole school improvement
- ★ Broader experience of a range of sports and activities offered to all pupils
- ★ Increased participation in competitive sport.

For example, you can use your funding to:

- ★ develop or add to the PE, physical activity and sport that your school provides
- ★ provide staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils
- ★ support and involve the least active children by running or extending school sports clubs, holiday clubs and Change4Life clubs
- ★ run sport competitions or increase pupils' participation in the School Games
- ★ run sports activities with other schools.

## **Objectives in Spending PE and Sport Premium Funding**

The aims of Exwick Heights is to continue to raise standards and aspirations in Physical Education and to further widen the access of a range of different sports, dance and gymnastic activities. Throughout the year children will receive some specialist sports teaching within their PE lessons and have access to a wide range of daily sporting clubs during extra-curricular activities. We seek to improve the competitive skills of groups and individuals through competitive sports days as well as taking part in a wider range of competitions and events. These occur at West Exe Secondary School, across the city of Exeter and the Trust. All of our children are divided into four houses, which adds a competitive element to their PE sessions and a sense of camaraderie and team working. Less able and reluctant pupils are encouraged to join in extra-curricular activities and may be asked to support some of the younger children attending the club.

We aim to promote the physical wellbeing of our pupils whilst developing core skills to use across the curriculum, including leadership, resilience, teamwork and collaboration.

For the academic year 2023-2024, the initial PE and Sport Premium allocation to Exwick Heights Primary School is:

|                                                          | <b>Number of Children</b> | <b>Total</b>    |
|----------------------------------------------------------|---------------------------|-----------------|
| <b>Eligible Number of Pupils on Roll Year 1 – Year 6</b> | <b>446</b>                | <b>£20, 590</b> |

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|---------------|--------------|------------|
| Signed off by |              |            |
| Head Teacher: | Gemma Wills  | 19.07.2024 |
| PE Leader:    | Sasha Davies | 17.07.2024 |
| Governor:     | Graham Davey | 19.07.2024 |