

Home Learning for Nursery

Week Beginning 27th September 2021

Dear Parents/Carers,

We would love to hear from you about your child's learning at home; to share this, please use the following email address: fshomelearning@exwickheights.devon.sch.uk . Thank you.

Personal, social and emotional development (PSED)

We have been talking about working together and considering other people's feelings.

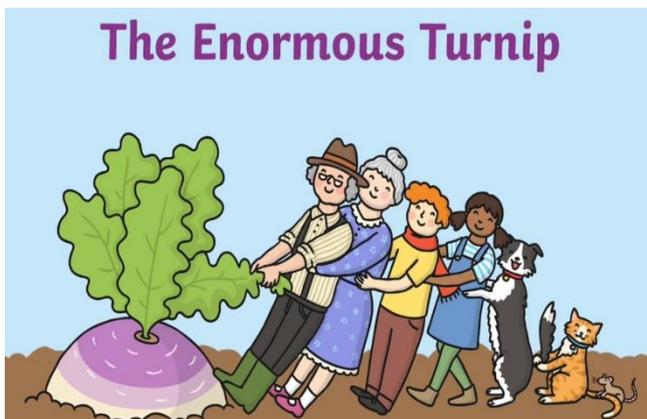
- We have talked about being helpful at nursery and working together on certain tasks such as tidy up time. We found out that if we all work together and help one another it makes the job much easier and a lot more fun!
- Talk about jobs you could help with at home and how that would make you and your grown-ups feel if you were able to help!
- We have also been talking about sharing toys at nursery. Do you know what good sharing looks like? You could role-play good sharing with your family and perhaps using some of your favourite toys.
- Can you complete a task that requires you to share with someone? This may be a board game or a puzzle. Talk about how you feel when everyone shares and take turns. How would you feel if someone did not share?



Communication & Language (C&L)

We are linking our learning with autumn and harvest stories and our focus text this week has been 'The Enormous Turnip'.

- You may have a copy of this story at home that you could read with an adult or alternatively you can watch and listen to a version of the story by using the link below.



- At nursery, we are learning about different characters. When listening to stories we have been talking about '**who**' is in the story. Ask your child questions for example, **who** grew the turnip? **Who** pulled the turnip first? **Who** was the last character to pull the turnip?

Physical Development (PD): Gross motor movement

In 'The Enormous Turnip', the characters have to pull the turnip to make it move!

- Explore how you make things move at home. Which objects do you have to **pull** in order to make them move?
- Draw pictures or ask an adult to make a list of all the things you have found that need a pull to move.



Physical Development (PD): fine motor movement

We have begun using playdough for our 'dough gym', which helps us strengthen the smaller muscles in our fingers and hands. We will continue 'dough gym' throughout the year.

- If you already have playdough at home, you can use that and will need a small ball.
- If you do not have playdough and would like to make your own, you could use the following recipe.



Simple playdough Recipe

- 1 cup of plain flour
- ½ cup of salt
- 1 tablespoon of vegetable oil
- 1 teaspoon cream of tartar
- Food colouring
- 1 cup of boiling water

Method

- In a bowl add the flour, salt, oil, cream of tartar and some food colouring
 - Stir together
 - Add the boiling water and mix until it becomes a dough
 - Tip out onto a worktop and knead for 5 minutes
- Once cool, store the playdough in a sealed container and it should last for about 2 weeks.

Dough gym

- Here is a link to one of the videos we have used in school to follow the actions and sing along. We have been having lots of fun, enjoy!
- <https://video.link/w/O9yAc>
- The main moves in this version are: 'splat', 'pinch', 'squeeze and roll', 'roll a ball' and 'prod'. Can you practise some of these moves after watching the video?

