

# Home Learning

## Week Beginning 13<sup>th</sup> June 2022

Dear Parents/Carers,

We would love to hear from you about your child's learning at home; to share this, please use the following email address: [fshomelearning@exwickheights.devon.sch.uk](mailto:fshomelearning@exwickheights.devon.sch.uk). Thank you.

### Personal, social and emotional development (PSED)

**Key focus: Changing me – respecting my body.**

#### **Activities:**

- Watch this short clip called 'What do humans need to stay healthy?':  
<https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zxvkd2p>



- Talk about how it is important to keep our bodies fit and healthy.
- Think about how we can do this. For example:
- Eat healthy foods and to drink plenty of water (particularly on a hot day). What foods are healthy?
- Take plenty of exercise and to keep busy.
- Have lots of sleep so that your body can rest and grow.
- Be happy most of the time.
- Keep clean and to regularly wash your hands. Recap

when hand washing is necessary.

#### **Questions:**

- What will happen if we ate unhealthy foods all the time?
- How would it make us feel?
- What would happen to our bodies?
- Do you remember what we need to do to keep us healthy and happy?

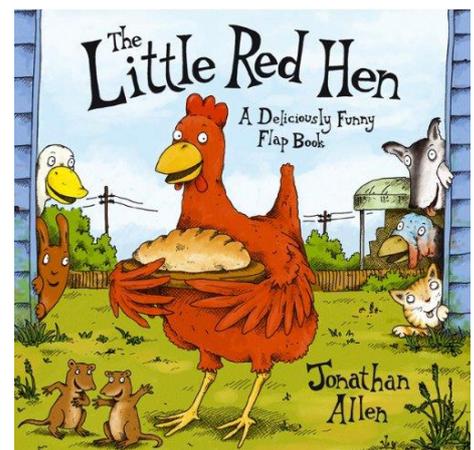
#### **Do:**

- Have a look around your kitchen and make a list of the healthy foods you find?
- Are there some healthy foods that you do not have at home that you might like to try?

### Communication & Language (C&L)

**This week our focus story is the traditional tale of 'The Little Red Hen'.**

- Read or watch and listen to a version of the story, 'The Little Red Hen' by following this link:  
<https://video.link/w/dge2c>
- **Talk** about the following 4 components of narrative: Who? Where? When? What happens next?
- **Who** is the story about?
- **Where** did the animals live? **Where** did the Little Red Hen plant the seed? **Where** did she get the flour? **Where** did she knead the dough?



- **When** did she plant the seed, **when** did the other animals offer to help?
- **What happened next?** Talk about each page in the story, after reading and looking at the pictures and think about **what happens next** each time. **What happened** after the bread was made?

**Physical Development (PD): fine motor movement and Expressive Art & Design (EA&D)**

**Key focus:**

- Select tools and techniques needed to shape, assemble and join materials.
- Construct with a purpose in mind, using a variety of resources.

**Activities:**

- Make a hen
- You could make your hen in many ways and decorate her using for example: paint, collage, feathers.
- Some examples are given below:



- Look at these pictures below and talk about what each picture shows.
- *Question: What order should the pictures be in to make a sandwich?*
- Have a look at the answer. Were you right? Do you agree? Why?

**Making a Jam Sandwich**

Look carefully at the pictures. Can you put them into the correct order to show how to make a jam sandwich?

1 2 3 4 5 6

