

# Home Learning for Reception

## Week Beginning 19th February 2024

Dear Parents/Carers,

We would love to hear from you about your child's learning at home; to share this, please use the following email address: [fshomelearning@exwickheights.devon.sch.uk](mailto:fshomelearning@exwickheights.devon.sch.uk) Thank you.

---

### Personal, social and emotional development (PSED)

**We will be exploring the topic 'Healthy Me' this half term. This week we are looking at the objective: 'I can talk about what happens to my body when I exercise.'**

- Start by warming up your bodies by playing the Bean game. Name a type of bean and then have a go at doing that exercise. For example, runner bean = run on the spot, jellybean = wriggle and jiggle, baked bean = curl into a ball, broad bean = stretch out wide.
- Get quicker and quicker to increase your heart rate.
- Put your hand on your heart and talk about what you can feel. Is it beating faster? What does your skin feel like? What is happening to your breath? Why is it important to exercise?



### Mathematics (M)

**Please see below for some activity ideas:**

Maths

## 6, 7 and 8



### Maths Area

Encourage the children to think about where we see 6, 7, and 8 in everyday life and to make collections of 6, 7 and 8 objects in the classroom.

Sort these items into 6, 7 and 8  
How else could you show 6, 7, and 8?



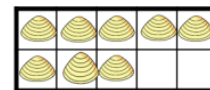
### Outdoors

Go on a mini-beast hunt.

Use magnifying pots to observe the creatures carefully. How many legs can they see? Provide pictures to help them identify what they find. Ask the children to make careful drawings of the creatures they find.

### Loose Parts

Provide a range of loose parts such as buttons, beads, pebbles, shells and some ten frames. Ask the children to count 6, 7, and 8 items onto the 10 frames. How many do they have? Can they see without counting? The children may also enjoy filling large 10 frames outside.



**Enhancements to areas of learning**

### Kipper's Toybox

Provide a basket of toys for the children to use to re-enact the story. Take turns to 'hide' one of the toys. Can the children spot which toy is missing? How many toys are there now?

What if an extra toy arrives?  
How many will there be now?



## **Literacy: Phonics**



Read your home reading book each night. Use the guide on the inside of the front book cover to give you ideas about how to support your reading at home.

*Your child may come home with a book that they have previously read. This is to help support their fluency with reading and building their confidence.*

There are some videos that have been uploaded to the school website that show all the sounds we have learnt. These are brilliant videos to watch with your child at home to help them recognise and recall the sounds. To access the videos, please follow these instructions:

Type in our school website: <https://exwickheights.devon.sch.uk/>

Click on the tab pictured below (teaching and learning)

Teaching & Learning ▾

Click on Phonics and Early Reading

Then the (click here to visit) link pictured below.

Little Wandle's website (click here to visit) provides lots of useful information for parents/carers, including:

- Support for phonics
- How we teach
- Support for reading



**Phase 2 sounds taught in Reception Autumn 1**



**Phase 3 sounds taught in Reception Spring 1**